



## ***Certified Play and Creative Arts Therapist***

*My name is Ian Broady. I am a Certified Play and Creative arts Therapist. I work with a range of children and young people aged between 4 and 16.*

*Play and Creative Arts Therapy is a form of counselling that uses toys as the main form of communication, rather than asking questions.*

*I use a child centred non-directive model. This approach gives the child the control to go as far and as fast as they can handle within the safe therapeutic environment.*



*Covering the whole of Gloucestershire and surrounding areas.*



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*Play & Creative Arts Therapy*

*Helping children through their emotional difficulties*



*"In play therapy toys are like the child's words and play is their language"*

*Gary Landreth*

# How can Play Therapy help my child?

- Play Therapy can support children with:
- Changing their behaviour
- Developing stronger peer friendships
- Understanding and processing stressful events in their lives
- Coping with being in hospital
- Dealing with domestic violence and/or abuse
- Understanding trauma or a family crisis
- Academic and social problems
- Learning disabilities, anxiety, depression, grief, or anger, as well as those with attention deficit disorders or who are on the autism spectrum.

## Services I offer

1-1 Play and Creative Arts Therapy sessions in schools

Clinical Supervision to therapists

Clinical Supervision of school staff

Private Parents Facebook Group

Training workshops

### Find me on social Media



The Spiral Tree PT



thespiraltreeplaytherapy

Company Number 11904180

The Spiral Tree Therapy Services LTD

*“A play experience is therapeutic because it provides a secure relationship between the child and adult, so that the child has the freedom and room to state himself in his own terms, exactly as he is at that moment in his own way and in his own time”*

*Virginia Axline (1950)*

